



Shopping list:

Meat Department

- 4 beef Cubed Steaks, (about 1 ½ pounds)

Produce

- 1-pound fresh green beans
 2-pounds baking potatoes

Dairy

- 4 ¾ cups milk, divided
 5 tablespoons butter
 1 egg

Non-Perishable

- ½ cup butter cracker crumbs

Pantry

- 1 ¾ cups all-purpose flour
 Seasoned salt
 Paprika
 Cayenne pepper
 Salt and pepper

Equipment needed:

- Large stock pot—for mashed potatoes
- 3 shallow dishes—to dredge Cubed Steaks
- Electric skillet, or large skillet—for Cubed Steaks
- 2-quart microwave safe bowl and lid—for green beans
- Tongs, mixing spoons, whisk
- Instant-read meat thermometer
- Paper towels
- Colander/strainer to drain potatoes
- Potato masher and/or electric mixer
- Measuring spoons and cups